



**Biofeedback – Health & History Assessment**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone: Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Email Address \_\_\_\_\_

Employer \_\_\_\_\_ Occupation \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Ph Number(s) \_\_\_\_\_ Relation \_\_\_\_\_

How did you hear about Absolute Health? \_\_\_\_\_

Please circle: Female or Male                      Please circle: Married Divorced Separated Single Widowed

Name of spouse \_\_\_\_\_ Spouse’s Date of Birth \_\_\_\_\_

Children’s Names and Birth Dates:

_____	_____
_____	_____
_____	_____
=====	=====

Please answer all questions below:

1.	# of organs removed (all teeth = 1)		11.	Personal Stress (Scale of 0-10) 0=NONE 10=MAX	
2.	# of prescription drugs		12.	# Sugar products consumed daily	
3.	# of cigarettes per day		13.	# Exercise sessions/wk - 20 min. each	
4.	# of steroid drugs		14.	# Alcoholic beverages consumed daily	
5.	# of metal dental fillings		15.	# Caffeine products consumed daily	
6.	# of street drugs		16.	# Extreme toxic exposures/year	
7.	# of allergies		17.	# Major traumatic injuries/life (Mental, emotional, physical, accidents, etc)	
8.	# of unresolved mental factors (grief, sadness, anger, greed, etc)		18.	# Major infections	
9.	I am responsible for my body (Scale of 0-10) 0=NO 10=YES		19.	# Glasses of 8 oz water daily	
10.	% of fat in diet (Average is 45%)		20.	# Pounds overweight (that YOU feel)	

## Client History and Disclaimer

Please check if you have had or have been told by a medical doctor that you have any of the following:

<input type="checkbox"/> Aids / HIV	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Pacemaker
<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Fractures	<input type="checkbox"/> Parkinson's
<input type="checkbox"/> Allergy Shots	<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Pinched Nerve
<input type="checkbox"/> Anemia	<input type="checkbox"/> Goiter	<input type="checkbox"/> Pneumonia
<input type="checkbox"/> Anorexia	<input type="checkbox"/> Gout	<input type="checkbox"/> Polio
<input type="checkbox"/> Appendicitis	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Prostate Problems
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Psychiatric Care
<input type="checkbox"/> Asthma	<input type="checkbox"/> Hernia	<input type="checkbox"/> Rheumatoid Fever
<input type="checkbox"/> Bleeding Disorder	<input type="checkbox"/> Herniated Disc	<input type="checkbox"/> Scarlet Fever
<input type="checkbox"/> Breast Lumps	<input type="checkbox"/> Herpes	<input type="checkbox"/> Stroke
<input type="checkbox"/> Bronchitis	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Thyroid Problems
<input type="checkbox"/> Bulimia	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Tonsillitis
<input type="checkbox"/> Cancer	<input type="checkbox"/> Liver Disease	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Cataracts	<input type="checkbox"/> Measles	<input type="checkbox"/> Ulcers
<input type="checkbox"/> Chemical Dependency	<input type="checkbox"/> Migraine Headaches	<input type="checkbox"/> Other
<input type="checkbox"/> Depression	<input type="checkbox"/> Mononucleosis	_____
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Multiple Sclerosis	_____
<input type="checkbox"/> Emphysema	<input type="checkbox"/> Osteoporosis	_____

Family History: Please indicate if any family members have had any of the following and if so, who:

<input type="checkbox"/> Diabetes _____	<input type="checkbox"/> Heart Disease _____
<input type="checkbox"/> Hypertension _____	<input type="checkbox"/> Hepatitis /Liver Disease _____
<input type="checkbox"/> Stroke _____	<input type="checkbox"/> Cancer _____
<input type="checkbox"/> Alcohol Problems _____	<input type="checkbox"/> Congenital Problems _____
<input type="checkbox"/> Mental/ Emotional Problems _____	<input type="checkbox"/> Other _____

Please describe any concerns and your objectives in seeking a L.I.F.E. Biofeedback Wellness Session:

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I understand that the attending Biofeedback Technician is not an allopathic doctor (M.D.) and does not portray herself/himself to be, but is providing biofeedback and wellness services. I understand that the services provided identify energetic imbalances. Procedures utilized include stress reduction protocols and biofeedback wellness consultation. I fully understand that the attending Biofeedback Technician does not offer allopathic drugs, surgery, chemical stimulants or any other conventional treatments. In addition, she/he does not diagnose, treat, or otherwise prescribe for my disease, conditions or illness, or perform any act that would constitute the practice of medicine for which a license is required. I have solicited the attending Biofeedback Technician's services in good faith, exercising my free will and following dictates of my own conscience which allows me to select what I understand is most beneficial to my health. I am fully aware and release the Biofeedback Technician to do biofeedback testing, wellness consultation and other stress reduction protocols. The clinic has a 24-hour cancellation policy. Late cancellations or no-shows will incur a charge of \$35.00. Please arrive 10 minutes prior to your appointment time. Late arrivals may be rescheduled and will incur a charge of \$35.00. Payment is due at the time services are rendered. By signing below, I acknowledge that I have read and understand all parts of this waiver and that I have had the opportunity to ask questions with regard to the described procedures, and that I hereby affirm: I am not here for medical diagnostic or treatment procedures and that I am here on this, and any subsequent visit, solely on my own behalf.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**HIPAA NOTICE OF PRIVACY PRACTICES**

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice of Privacy describes how we may use and disclose your protected health information (PHI) to carry our treatment, payment or health care operations (TPO) for other purposes that are permitted or required by law. "Protected Health Information" is information about you, including demographic information that may identify you and that related to your past, present, or future physical or mental health or condition and related care services.

**Use and Disclosures of Protected Health Information:**

Your protected health information may be used and disclosed by your physician, our staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, pay your health care bills, to support the operations of the physician's practice, and any other use required by law.

**Treatment:** We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. For example, your health care information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

**Payment:** Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

**Healthcare Operations:** We may disclose, as needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, marketing, and fund raising activities, and conduction or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situations without your authorization. These situations included as required by law, public health issues, communicable diseases, health oversight, abuse or neglect, food and drug administration requirements, legal proceedings, law enforcement, coroners, funeral directors, and organ donation. Required uses and disclosures under the law, we must make disclosures to you when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

**OTHER PERMITTED AND REQUIRED USES AND DISCLOSURES WILL BE MADE ONLY WITH YOUR CONSENT, AUTHORIZATION OR OPPORTUNITY TO OBJECT UNLESS REQUIRED BY LAW.**

You may revoke this authorization, at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

\_\_\_\_\_  
Signature of Patient or Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name



Chiropractic care, like all forms of health care, offers considerable benefit. Effective chiropractic treatment, when delivered professionally, includes some level of risk. Most often, this level of risk is very minimal, though in rare cases, chiropractic care has led to injury. The types of complications that have been reported, secondary to chiropractic care, include sprain/strain injuries, irritation of a disc condition, and rarely, fractures. One complication associated with chiropractic care is a vertebral artery injury. Though the occurrence of this is very uncommon (happening at a rate between one instance per million, to one per two million cervical spine/neck adjustments), vertebral artery injury could lead to stroke.

Prior to receiving chiropractic care in this office, a health history and physical examination will be completed. These procedures are to be performed to assess your specific condition, your overall health, and in particular, your spine health. These procedures will assist us in determining if chiropractic care is needed, or if any further examination or studies are needed. In addition, these examinations will help us to determine if there is any reason to modify your care, or provide you with a referral to another health care professional. All relevant findings will be reported to you along with a care plan prior to beginning care.

By signing below, you attest that you have read this form, and accept that there are risks associated with chiropractic care. You further give your consent to examinations that the doctor deems necessary, and to chiropractic care, including spinal adjustments, as reported in your initial assessment.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Parent or Legal Guardian Signature

\_\_\_\_\_  
Patient Name (printed)

\_\_\_\_\_  
Relationship to Patient

\_\_\_\_\_  
Witness Signature (office staff)

\_\_\_\_\_  
Date

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### **Notice of Privacy Practices for Protected Health Information (PHI)**

By signing below, I acknowledge having read, and understand the notice of HIPAA regulations upheld by Absolute Health and those affiliated in conducting business with Absolute Health. I understand a physical copy will be given to me at my request.

\_\_\_\_\_  
Patient or Parent/Guardian Signature

\_\_\_\_\_  
Date



Absolute Health  
8360 E. Raintree Drive, Suite 135  
Scottsdale, AZ 85260  
Phone 480-991-9945  
Fax 480-948-3204

**MEDICAL RECORDS RELEASE**

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

DOB: \_\_\_\_\_

Phone Number: \_\_\_\_\_

***I hereby authorize you to release to/from ABSOLUTE HEALTH LLC all medical records and information including the diagnosis and records of treatment or examination rendered to me.***

**Sensitive Information:** I understand that this may include information relating to:

- Acquired Immunodeficiency Syndrome (AIDS) or infection with human immunodeficiency virus (HIV)
- Behavioral health services, psychiatric care, mental health treatment
- Sexually transmitted diseases
- Diagnosis/treatment for alcohol and/or drug abuse
- Information for research purpose
- Blood Work

***Date:*** \_\_\_\_\_

***Patient/Insured Signature:*** \_\_\_\_\_

***Date:*** \_\_\_\_\_

***Staff Signature:*** \_\_\_\_\_